

# ROE 3 Spring Book Study

Readers Choice  
Book Study Dates  
December 21<sup>st</sup> – April 30<sup>th</sup>

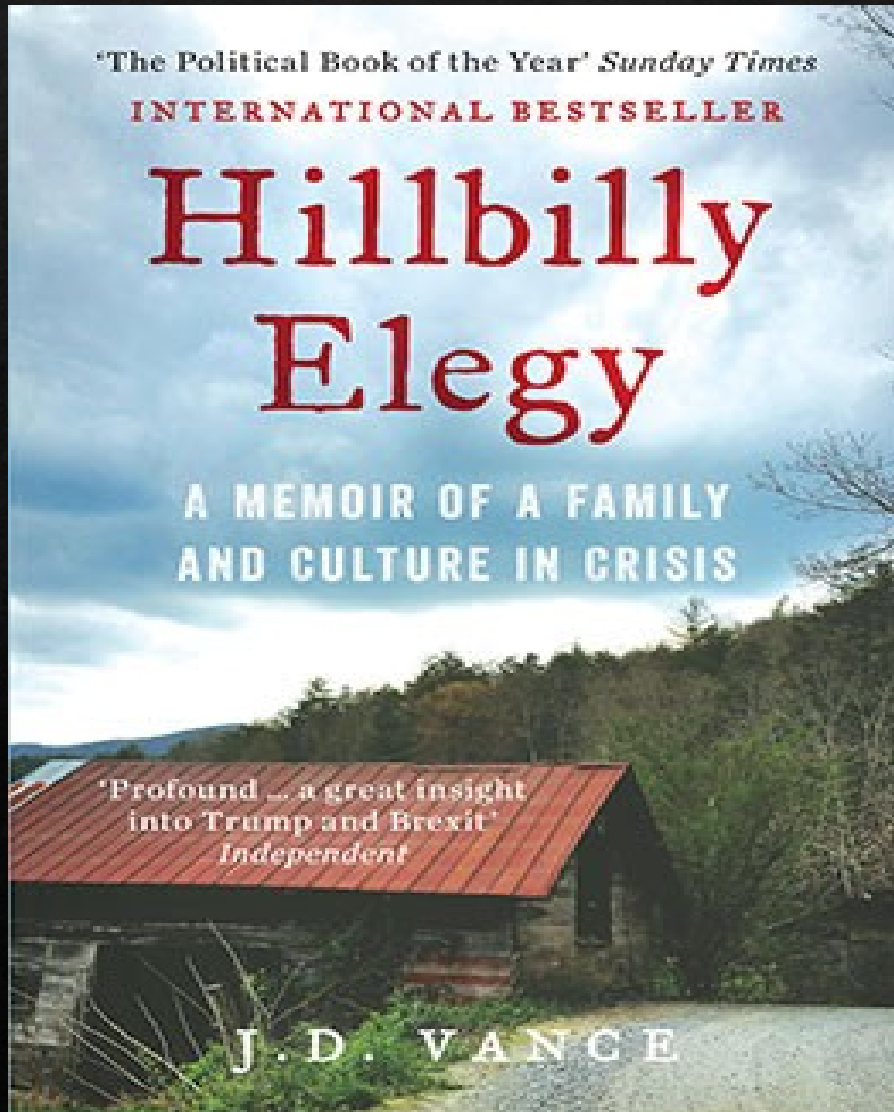
## Book Choices

- Hillbilly Elegy by J.D. Vance
- UNSHAKEABLE by Angela Watson
- The Energy Bus by Jon Gordon
- SEL From a Distance by Jessica Hannigan
- Lost Child by Torey Hayden

If you have any questions feel free to  
email me at [abeckham@roe3.org](mailto:abeckham@roe3.org)



# Option 1 (Hillbilly Elegy by J.D. Vance)



From a former marine and Yale Law School graduate, a powerful account of growing up in a poor Rust Belt town that offers a broader, probing look at the struggles of America's white working class

Hillbilly Elegy is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The decline of this group, a demographic of our country that has been slowly disintegrating over forty years, has been reported on with growing frequency and alarm, but has never before been written about as searingly from the inside. J. D. Vance tells the true story of what a social, regional, and class decline feels like when you were born with it hung around your neck.

The Vance family story begins hopefully in postwar America. J. D.'s grandparents were "dirt poor and in love," and moved north from Kentucky's Appalachia region to Ohio in the hopes of escaping the dreadful poverty around them. They raised a middle-class family, and eventually their grandchild (the author) would graduate from Yale Law School, a conventional marker of their success in achieving generational upward mobility.

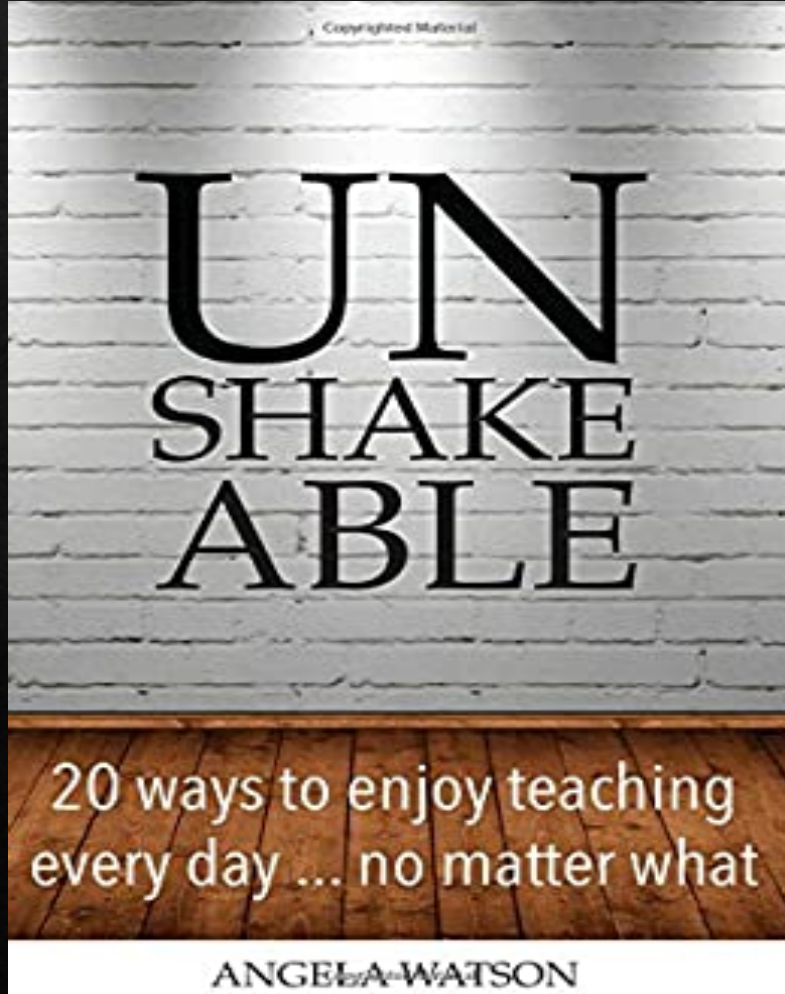
But as the family saga of Hillbilly Elegy plays out, we learn that this is only the short, superficial version. Vance's grandparents, aunt, uncle, sister, and, most of all, his mother, struggled profoundly with the demands of their new middle-class life, and were never able to fully escape the legacy of abuse, alcoholism, poverty, and trauma so characteristic of their part of America. Vance piercingly shows how he himself still carries around the demons of their chaotic family history.

A deeply moving memoir with its share of humor and vividly colorful figures, Hillbilly Elegy is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country.

PD Hours: 10

PD Hours w/Movie Activity: 12

# Option 2 (UNSHAKEABLE by Angela Watson)

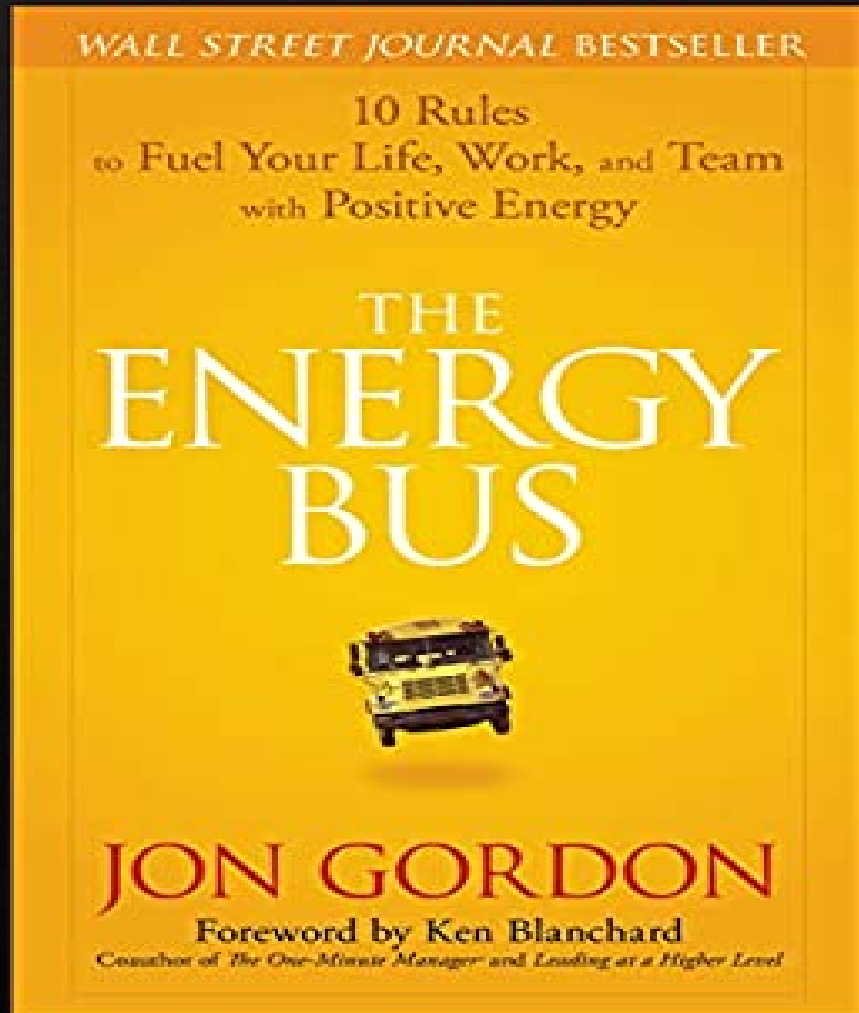


Don't wait for teaching to become fun again: plan for it! *Unshakeable* is a collection of inspiring mindset shifts and practical, teacher-tested ideas for getting more satisfaction from your job. It's an approach that guides you to find your inner drive and intrinsic motivation which no one can take away. *Unshakeable* will help you incorporate a love of life into your teaching, and a love of teaching into your life. Learn how to tap into what makes your work inherently rewarding and enjoy teaching every day...no matter what.

PD Hours: 8



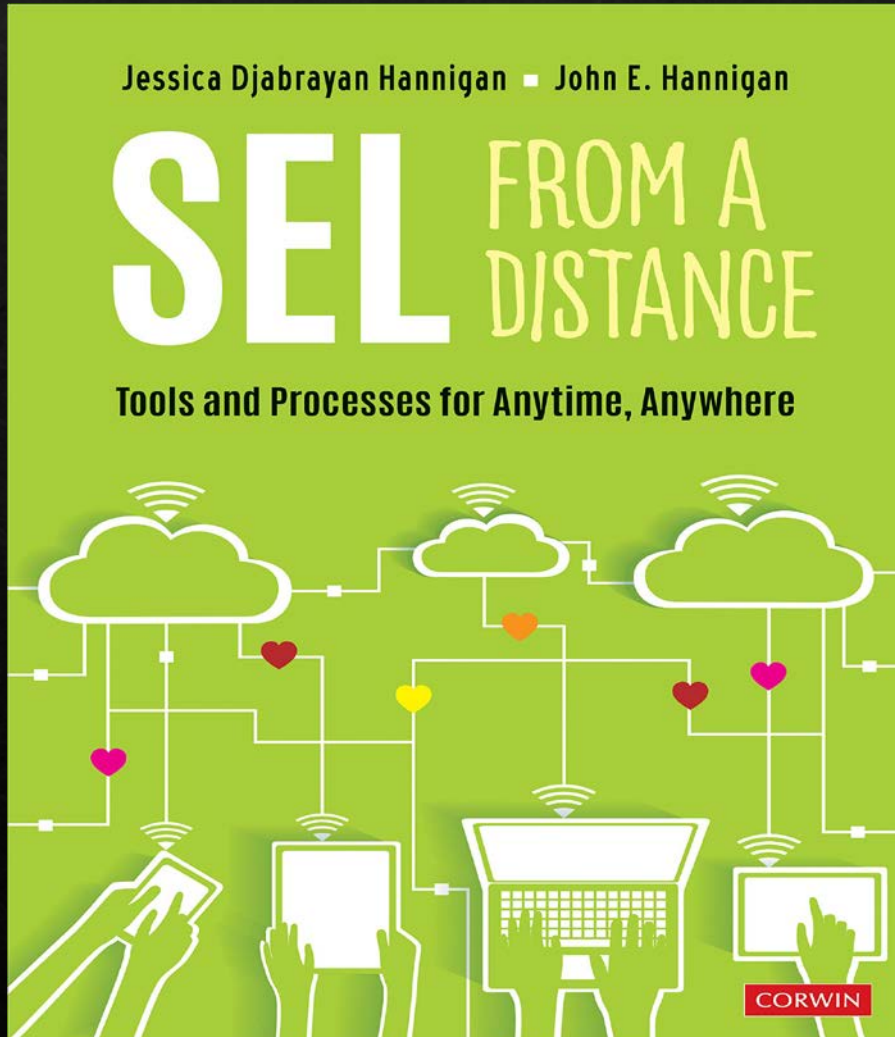
# Option 3 (The Energy Bus by Jon Gordon)



*The Energy Bus*, an international best seller by Jon Gordon, takes readers on an enlightening and inspiring ride that reveals 10 secrets for approaching life and work with the kind of positive, forward thinking that leads to true accomplishment at work and at home. Jon infuses this engaging story with keen insights as he provides a powerful roadmap to overcome adversity and bring out the best in yourself and your team. When you get on *The Energy Bus* you'll enjoy the ride of your life.

PD Hours: 6

# Option 4 (SEL From a Distance by Jessica Hannigan



The pandemic and subsequent switch to distance learning combined with recent instances of racial injustice has put a spotlight on the cracks in the practice of social and emotional learning (SEL). More than ever before, schools are shifting their focus and prioritizing SEL competencies—around the nation and the world. The call for compassion has never been greater.

To easily and effortlessly build SEL into virtual, blended, or in-person environments, behavior experts Jessica Djabrayan Hannigan and John Hannigan have drawn together a collection of tools and processes for SEL that can be applied in any learning environment. In *SEL from a Distance*, you'll learn:

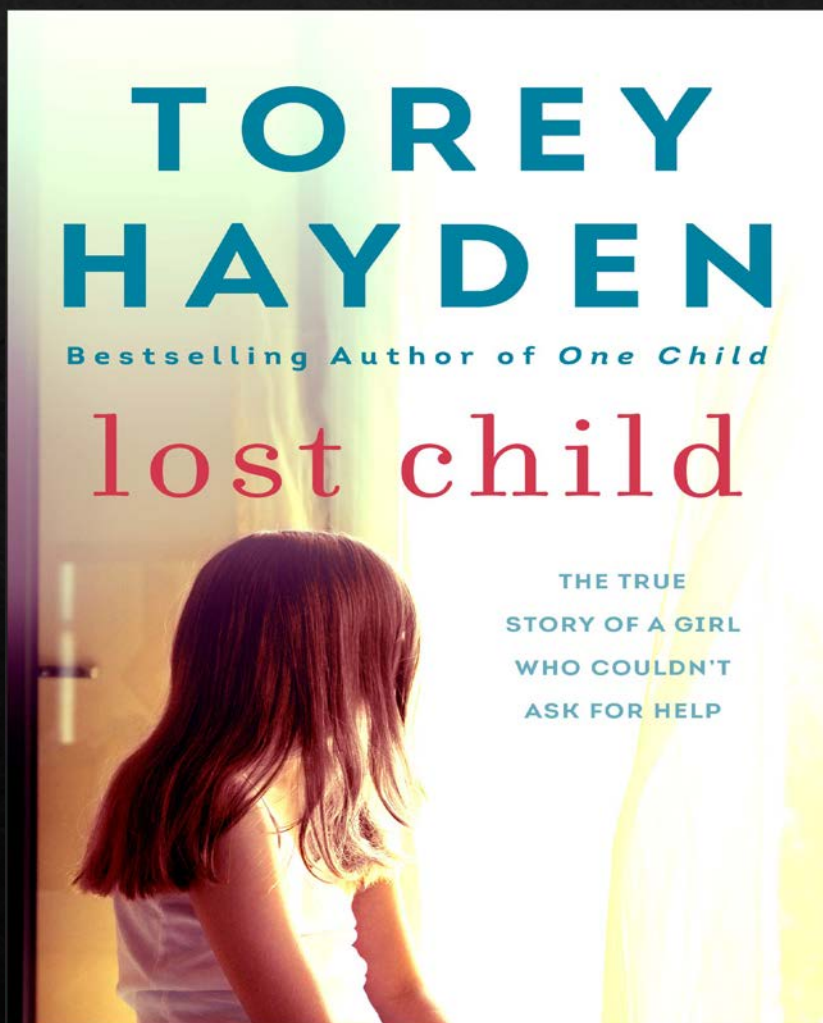
- The five SEL competencies and dozens of easy to use processes for building skills in each
- How to identify challenging behaviors and prioritize, define mastery, and teach the SEL skills necessary to address them
- Tips for identifying, teaching, modeling, and reinforcing SEL skills in a virtual setting

Let this practical, easy-to-use toolkit guide you through embedding these critical SEL competencies into your virtual classrooms and make SEL a way of being for you and your students—anytime, anywhere.

PD Hours: 6



# Option 5 (Lost Child by Torey Hayden)



In a forgotten corner of Wales, a young girl languishes in a home for troubled children. Abandoned by her parents because of her violent streak, Jessie—at the age of ten—is at risk of becoming just another lost soul in the foster system. Precocious and bold, Jessie is convinced she is possessed by the devil and utterly unprepared for the arrival of therapist Torey Hayden. Armed with patience, compassion, and unconditional love, Hayden begins working with Jessie once a week. But when Jessie makes a stunning accusation against one of Hayden's colleagues – a man Hayden implicitly trusts – Hayden's work doubles: now she must not only get to the root of Jessie's troubles, but also find out if what the girl alleges is true.

A moving, compelling, and inspiring account, *Lost Child* is a powerful testament once again of Torey Hayden's extraordinary ability to reach children who many have given up on—and a reminder of how patience and love can ultimately prevail.

PD Hours: 10